NEW YEAR'S BREAK
2020-2021
Please read through this information pack for full details of the New Year’s Break options. Our New Year’s Break event offers a range of activities to let you experience the Swiss Alps in winter. If you are a skier and would like to visit for skiing over New Year please contact us to enquire about ski packages or an independent visit.

When you are ready to book you can send a booking enquiry here.

If after reading the information pack you have questions about the event, please e-mail info@ourchalet.waggs.org.

New Year’s Break is open to individuals, families, and groups of all ages and genders. Participants are not required to be members of Guiding/Scouting.

<table>
<thead>
<tr>
<th>Package Type</th>
<th>Dates</th>
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</thead>
<tbody>
<tr>
<td>4 day</td>
<td>29 December 2020 – 3 January 2021</td>
</tr>
<tr>
<td>6 day</td>
<td>29 December 2020 – 5 January 2021</td>
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Note: Each package type requires a minimum of ten participants to run. Individuals, families, and groups of fewer than ten people are welcome to book, but we recommend you do not make travel arrangements until at least ten participants are confirmed.
New Year’s Break is available in the following options

<table>
<thead>
<tr>
<th>Option</th>
<th>Adult (16+)</th>
<th>Child (10-15)</th>
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<tbody>
<tr>
<td>4-day age 10+</td>
<td>CHF 545</td>
<td>CHF 523</td>
</tr>
<tr>
<td>4-day adult</td>
<td>CHF 585</td>
<td>N/A</td>
</tr>
<tr>
<td>6-day age 10+</td>
<td>CHF 853</td>
<td>CHF 831</td>
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<tr>
<td>6-day adult</td>
<td>CHF 882</td>
<td>N/A</td>
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Children at New Year's Break

The activities included in the age 10+ version of the New Year’s Break event are most suitable for children aged 10 years and up. If you would like to visit with younger children please contact us to discuss options.

The age 10+ event is suitable for families and Guide/Scout groups. At least one parent/guardian or leader must participate in the age 10+ event. Additional adults may choose to participate in the adult version of the event. **Note:** The kayaking has a minimum height requirement of 150cm. If your group has participants under this height an alternative activity can be offered and at least one leader will need to join the alternative activity.

If you are bringing a Guide/Scout group you are responsible for ensuring you meet your Member Organisation’s rules regarding supervision of your group. Our Chalet staff cannot be counted as leaders for this purpose. Leaders are responsible for all children/young people in their group at all times, including any first aid needs. Guides/Scouts aged 16-17 may participate in either package but must be accompanied by at least one leader on the same package. If your group books across both packages you must have leaders booked on both.

**Guests with disabilities**

Most of our activities can be adapted to be suitable for guests with disabilities. Transport, including wheelchair accessible taxis, can be arranged where necessary. Our accommodation is partially accessible for wheelchair users and those with limited mobility. Please be aware that our activities go ahead in all weather conditions. **Please contact us prior to booking to discuss your needs.**

Please note transport in lieu of walking included in programme activities can only be provided for guests with permanent disabilities to help us make our programming inclusive. For those with temporary injuries, those with lower fitness, or those who simply prefer not to walk, transport can be arranged only at extra cost.
The table below gives an example itinerary for the four New Year’s Break package options. Note that activities will not necessarily take place in this order. While we do our best to provide the activities advertised here it is occasionally necessary to make changes based on weather conditions and supplier availability.

<table>
<thead>
<tr>
<th>4 day adult</th>
<th>4 day age 10+</th>
<th>6 day adult</th>
<th>6 day age 10+</th>
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</thead>
<tbody>
<tr>
<td>Tschenten sled day</td>
<td>Tschenten sled day</td>
<td>Tschenten sled day</td>
<td>Tschenten sled day</td>
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<tr>
<td>Spa day</td>
<td>Eisstock + indoor climbing</td>
<td>Spa day</td>
<td>Eisstock + indoor climbing</td>
</tr>
<tr>
<td>Engstlichenalp with fondue igloo</td>
<td>Engstlichenalp with snow tubing</td>
<td>Engstlichenalp with fondue igloo</td>
<td>Engstlichenalp with snow tubing</td>
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<tr>
<td>Onsite – Swiss baking + Our Chalet history</td>
<td>Onsite – winter games</td>
<td>Onsite – Swiss baking + Our Chalet history</td>
<td>Onsite – winter games</td>
</tr>
<tr>
<td><strong>Departure day</strong></td>
<td><strong>Departure day</strong></td>
<td>Interlaken with chocolate show</td>
<td>Winter kayaking on Lake Brienz</td>
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<tr>
<td></td>
<td></td>
<td>Bowling + escape room</td>
<td>Onsite – winter survival day</td>
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The next few pages give more detail about each activity. Evening programmes are also included in all package options. The minimum age to take part in the adult package is 16.
Sledding is a challenging winter sport here and Tschetenalp offers almost 15km of groomed sled runs for you to try.

Our staff will teach you the basics on the baby slope before taking you on your first real sled run. Then you’re free to have a go at your own speed! If you’re already an experienced sledder there are harder red and black level runs to try. All the runs end at a chairlift, meaning you never need to drag your sled uphill!

Sleds and helmets are provided by Our Chalet. Participants need warm, waterproof layers for top and bottom, and boots with ankle support (snow boots or hiking boots work well). Sunglasses or ski goggles are recommended.

Physical activity level:

Walking: The walk from Our Chalet to the gondola station is 45-60 minutes with both steep downhill and steep uphill. The return walk follows the same route. For those who do not wish to walk taxis can be arranged at extra cost.

Sledding: You brake and steer with your feet, therefore sledding is not suitable for those with serious ankle or knee problems. There is always a risk of falling from a sled; this is not a recommended activity for those with brittle/weak bones.

Which package: This day is included in all four package options.
Adelboden is known as a destination for wellness. Find out why with a day at one of Adelboden’s spas to enjoy the heated pools and sauna facilities. Transport to and from the spa and lunch in the attached restaurant are included to make this a truly relaxing day.

**Physical activity levels:**

16+: Physical activity level is very low, however, use of sauna facilities is not recommended for pregnant woman.

**Which package:** This day is included in the 4-day and 6-day adult packages.
Eisstock is a sport similar to curling and popular in the Alpine regions of Switzerland. Slide your stick over the ice and try to get it closest to the target! A great team-building activity and taste of Swiss culture. Then try indoor climbing on wall that includes a range of routes suitable for beginners and challenging for experienced climbers.

**Physical activity level:**

The walk to/from the Arena is approximately 30 minutes including steep uphill and steep downhill. The return walk follows the same route. Eisstock and climbing wall can be adapted to suit different fitness/ability levels.

**Which package:** This day is included in the 4-day and 6-day age 10+ packages.
Engstligenalp is located at 1,964m and offers spectacular views of the valley and the surrounding mountains, as well as Switzerland’s second highest waterfall, which may be frozen during your visit! The walk from Our Chalet to the gondola station follows the river through Swiss farmland with beautiful views of the surrounding mountains.

Once you reach the gondola station you travel around 600m up to the alp by gondola where those on the 16+ package head to the fondue igloo for lunch followed by time to explore the alp, which offers various short winter hiking trails.

Meanwhile those on the 10+ package enjoy the views with their packed lunch before donning their helmets to give snowtubing a try. After snowtubing there’s time to warm up with a hot drink in the mountain restaurant before both groups meet up to head back to Our Chalet.

**Physical activity level:**

Walking: The walk from Our Chalet to the gondola station is approximately 1.5-2 hours, mostly downhill and flat with a short uphill section near the end. The return walk can be made shorter with a bus section and approx. 30 mins of uphill walk. For those who do not wish to walk taxis can be arranged at extra cost.

Snowtubing: This activity is fast but easy! Participants simply need to sit a snowtube ring and slide down the track.

**Which package:** This day is included in all packages.
10+ package: Spend a day onsite at Our Chalet enjoying fun and challenging team games. We have a range of indoor and outdoor games for all weather conditions.

16+ package: Spend a day onsite learning Swiss baking (and sampling the results, of course!) and the history of Our Chalet. A great opportunity to take it easy while learning something new!

**Physical activity level:**

10+ programme: Games can be adapted to all fitness and ability levels.

16+ programme: Very low physical activity required.

**Which package:** Onsite winter games is included in the 4 and 6 day age 10+ package, Swiss baking and Our Chalet history is included in the 4 and 6 day age 16+ package.
Experience the stunning winter views from Lake Brienz on a winter kayaking adventure. Qualified, English speaking guides take you on a tour of the lake in sea kayaks with drysuits to keep you warm as you glide through the winter landscape. This is the perfect way to see a different type of winter landscape while trying something new and adventurous!

**Note:** There is a minimum height requirement of 150cm to take part in this activity. If any of your group are under this height please contact us to discuss options.

**Physical activity level:**
Transport to/from Interlaken is included, however, there is a 20 minute downhill walk to the transport pick up point and a return uphill walk at the end of the day. A 30-minute flat walk along the river brings you to the kayak school from the drop off point. Up to 2 hours is spent kayaking. Double kayaks are possible for those who would struggle to control a kayak on their own.

**Which package:** This day is included in the 6 day age 10+ package.
Enjoy a chocolate demonstration at Schuh chocolatier before heading out to lunch at a nearby restaurant. Then spend a few hours in Interlaken watching the paragliders land, exploring the old town, or doing some souvenir shopping.

**Physical activity level:**

Transport to/from Interlaken is included, however, there is a 20 minute downhill walk to the transport pick up point and a return uphill walk at the end of the day.

**Which package:** This day is included in the 6-day adult package.
Get ready to test your teamwork with a day of tenpin bowling and tackling the Adelboden escape room. Learn about the Adelboden legend of Vogellisi as you use the clues she has left you to solve the riddle.

**Physical activity level:**

The walk to/from the Arena is approximately 30 minutes including steep uphill and steep downhill. The return walk follows the same route. For those who do not wish to walk taxis can be arranged at extra cost.

**Which package:** This day is included in the 6-day adult package.
Learn how to survive in the winter with a series of fun activities and challenges on our winter survival onsite day. Teamwork, leadership, creativity, and practical skills are all tested in a programme perfect for families and groups.

Physical activity level:
Activities can be adapted to all fitness and ability levels.

Which package: This day is included in the 6 day age 10+ package.
All our New Year’s Break Packages include evening programmes run by our international staff. Evening programmes vary but may include games night, campfire, New Year’s Eve party, guided night hikes, Swiss night, and international night.

Each evening programme lasts approximately 1.5 hours and gives participants opportunities to learn new skills and get to know other guests. All evening programmes are optional, we just ask that you let us know on the day whether or not you plan to attend.
Important information about accommodation:

- For New Year's Break only fully catered, indoor accommodation is available.
- Our Chalet is open to guests of all genders. We are not able to guarantee single-gender hallways or buildings.
- For groups, rooms will be allocated by Our Chalet and it is up to group leaders to allocate their participants to each room.
- Rooms are not shared between groups, unless multiple groups request to share.
- Bed linen and towels are provided and for hygiene reasons we do not allow the use of sleeping bags in our accommodation.
- For fire safety reasons it is not possible to add extra beds or mattresses to any of our rooms.
- We are not able to provide cots or cribs. Please arrange to bring your own travel cot/crib with you if needed.
- For full details of wheelchair accessibility please e-mail info@ourchalet.waggs.org
Our indoor accommodation is offered across two buildings:

Main Chalet opened in 1932 and offers dorm rooms, triple rooms, twin rooms, and a single room. The largest dorm room can sleep up to 14 guests. None of the rooms in Main Chalet have bunk beds.

Spycher House opened in 1999 and offers one dorm room (sleeps up to eight guests), quad rooms, twin rooms, and two single rooms. Some rooms in Spycher House have bunk beds.

For groups, rooms will be assigned by our office staff based on your needs. To maximise availability, groups may be split across both buildings. Our staff always ensure at least one leader is in the same building as participants from their group.

Participants from different groups do not usually share rooms (unless by request), however, different groups will share the same common facilities such as bathrooms and hallways. Our Chalet is open to guests of all genders.

For details of wheelchair accessibility in our indoor accommodation please e-mail info@ourchalet.wagggs.org. As a broad overview, accommodation suitable for manual wheelchair users is available in Spycher House. Users of powered wheelchairs or mobility scooters who can transfer to a manual chair without the use of a hoist can also access this accommodation.
All meals from dinner on arrival day to packed lunch on departure day are included in the package cost.

The kitchen at Our Chalet is operated by the Kitchen Manager and a team of volunteer staff. We do our best to accommodate dietary requirements, however, if you have a severe allergy or complex dietary requirement, we recommend you discuss your needs prior to booking.

**Breakfast**
A cold breakfast of cereals, yoghurt, bread, cheese, and fruit is available every morning in a self-service buffet style. Hot and cold drinks are also included.

**Packed lunch**
Guests make a packed lunch (sandwiches, fruit, snacks, etc.) each morning. We recommend guests bring a lunch box or bag to carry their lunch as we do not offer single-use sandwich bags.

**Dinner**
Dinner is served at one sitting and offers one option for everyone. Typical dinners include Swiss dishes such as rösti and camp favourites like chilli or pasta. Dinners always include salad or vegetables and include two courses with a main meal and dessert.
New Year's Eve Meal
On New Year's Eve a three-course meal is included in your package cost.

Special diet meals, including vegetarian, vegan, and gluten-free are available only to participants who have notified us in advance of their need for a special meal. Your pre-arrival paperwork will ask you to specify dietary requirements for each person in your group.
We look forward to welcoming you to Our Chalet in 2020!